Urban Form and Wellbeing Benefits in the Global South

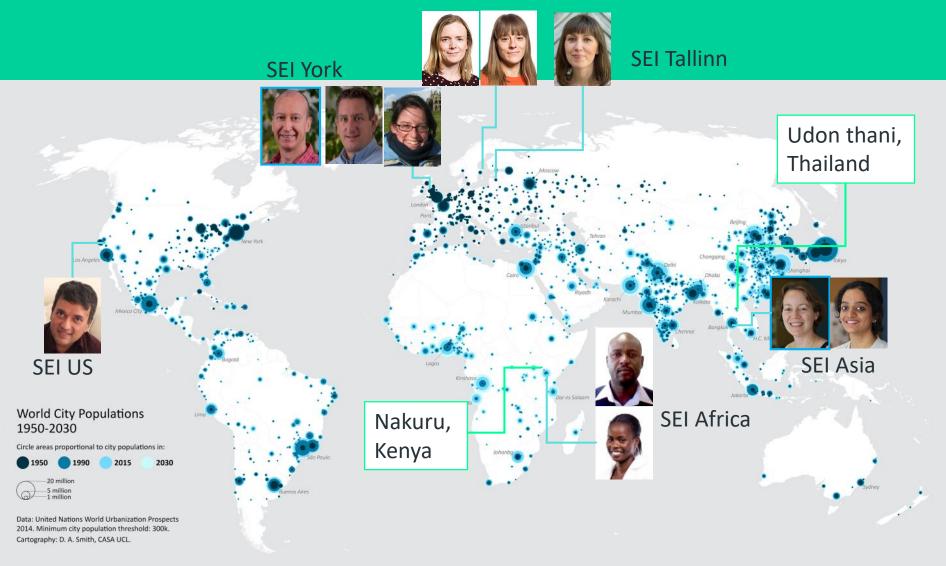
Heidi Tuhkanen

12.05.2021

Connective Cities Virtual Dialogue Event



City Health & Wellbeing SEI HQ









Urban environments in the Global South

Development related challenges, but also opportunities for supporting wellbeing

Photo credit: Diane Archer

City Health & Wellbeing Initiative

"investigates how rapidly-growing cities are affecting the wellbeing of residents, and how this interacts with the overall health of city systems"



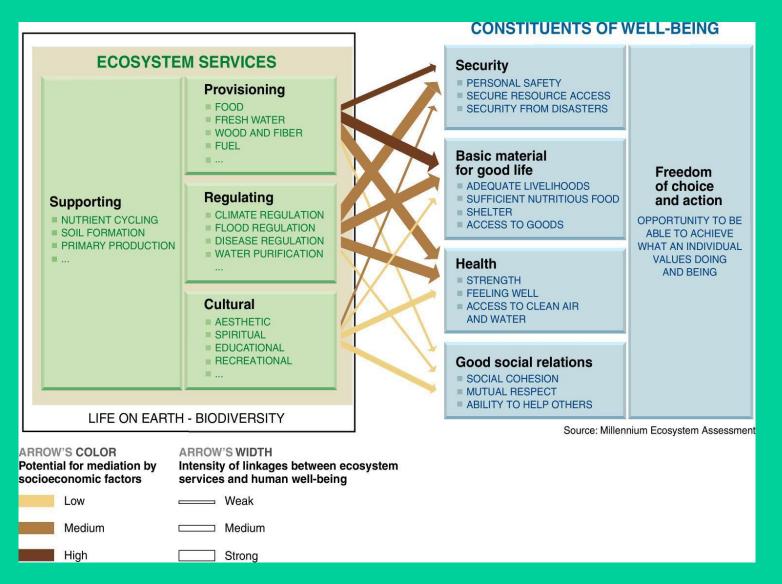
Ecosystem services –

what all nature provides us for free....

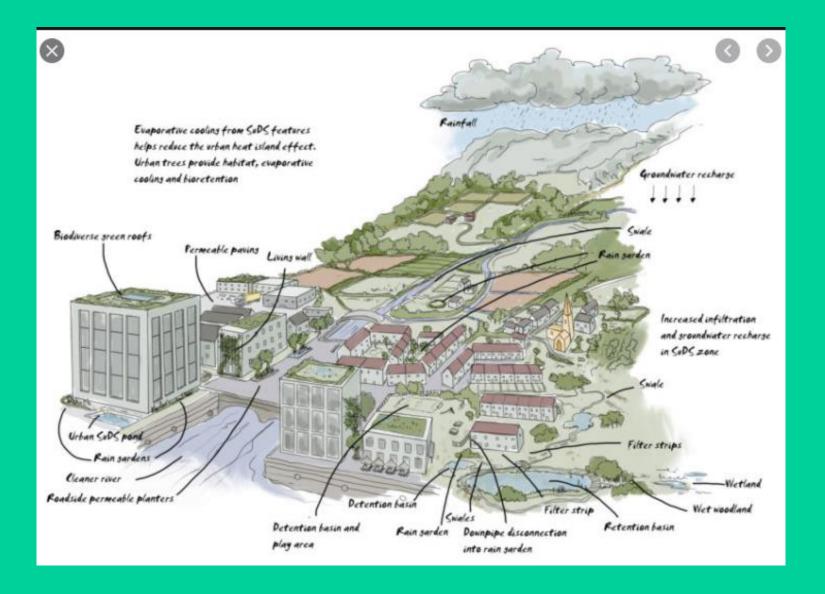
SUPPORTING Pollination **Ecosystem Services** Cool Temperatures What Nature provides us for free

Image: TEEB Europe

Ecosystem services – how they support wellbeing



Urban Nature Based Solutions / Green infrastructure

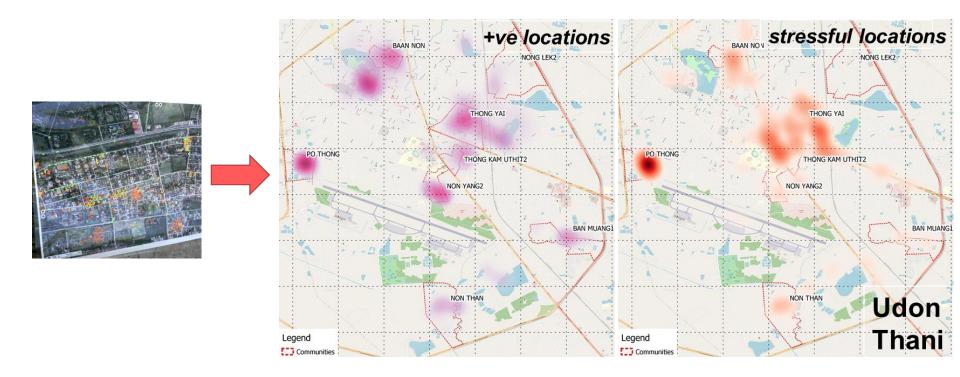


Participatory mapping – where, what and why?





Nakuru, Kenya 2019



*Cultural Ecosystem Services refer to the non-material benefits people obtain from nature.



Nakuru, Kenya

Stressful





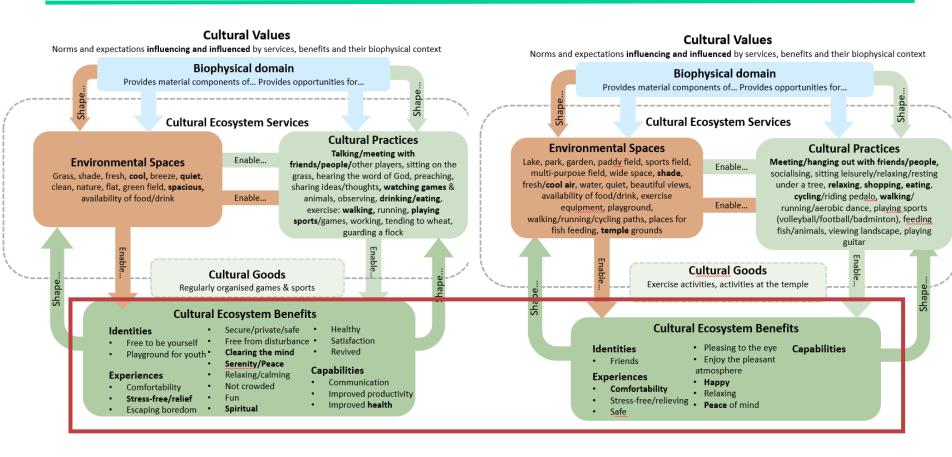




Relaxing, Socialising, Exercising

Google earth screenshots from selected locations

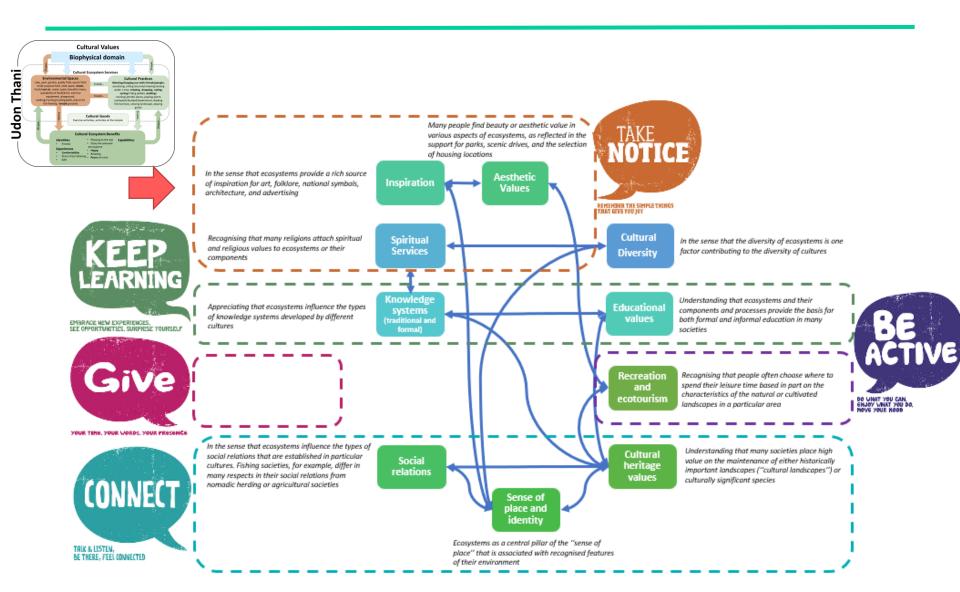
Cultural Ecosystem Services – natural spaces



Nakuru, Kenya Udon Thani, Thailand

^{*}Bolded Cultural Ecosystem benefits are ones which were also found in the built spaces

5 Ways to Wellbeing Pathways & CES



Key takeaways

- Within the context of future climatic change, ignoring the benefits of public realm spaces on societal wellbeing risks locking cities into compromised ecosystems and undermine residents health.
- Built and natural environments have distinct, complementary roles in cultural activities.
- Participatory mapping highlighted opportunities related to improving the benefits of key urban infrastructure, such as green infrastructure, road networks, and water bodies.
- Planners should balance the development of flagship greenspaces (parks, etc.)
 with dispersed accessible (marginal spaces?) urban greening to ensure
 equitable delivery of benefits to build sustainable resilient neighbourhoods
- Urban natural spaces can promote wellbeing to balance the stress associated with busy, challenging built infrastructure. What about mixed spaces?



Thanks for Listening... Any questions?



@HeidiTuhkanen

Heidi.Tuhkanen@sei.org

